# Savile Town CE (C) I & N School Personal, Social, Health Education (PSHE) Policy November 2018



Schools should seek to use PSHE education to build, where appropriate, on the statutory content already outlined in the national curriculum, the basic school curriculum and in statutory guidance on: drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle.' (DFE Guidance)

# Aims and objectives

Personal, social, health education (PSHE) promotes the whole curriculum and school experience. It enables children to become healthy, independent and responsible members of society. It encourages our pupils to offer positive contributions to the life of the school and the wider community, including their role in a multicultural society.

The aims of personal, social and health education and citizenship are to enable the children to:

recognise their own worth;

• work well with others;

develop positive relationships and respect for others;

- understand our common humanity, diversity and differences;
- know and understand what constitutes a healthy lifestyle;
- develop safety awareness;
- be positive and active members of a democratic society;
- develop self-confidence and self-esteem, and make informed choices regarding personal and social choices;
- form good relationships with other members of the school and the wider community.
- $\boldsymbol{\cdot}$  develop a sense of empathy.

# Teaching and learning style

We use a range of teaching and learning styles to facilitate pupils' learning in PSHE. These being:

• the purpose of each lesson is made clear

 $\cdot$  appropriate learning experiences are planned and meet the needs, building on the existing knowledge and experiences of the pupils in the class

- a range of opportunities for pupils to learn, practise and demonstrate skills, attitudes, knowledge and understanding are provided
- time is given for pupils to reflect, consolidate and apply their learning,
- $\boldsymbol{\cdot}$  attention is given to creating a safe and secure learning environment.

We place an emphasis on active learning by including the children in discussions and problemsolving activities. We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising through school special events. Children have the opportunity to hear visiting speakers, such as the police, health care workers and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community.

## PSHE and citizenship curriculum planning

We teach PSHE and citizenship in a variety of ways. Some of the objectives are covered in dedicated PSHE and Circle time sessions. Many of the objectives are covered through other areas of the school's curriculum e.g. RE, Assemblies, stories, Science and the 'hidden curriculum', attitudes and expectations of behaviour promoted by adults in the school.

We teach PSHE in the Foundation Stage as an integral part of the topic work covered during the year. We use the EYFS document (Early Years Foundation Stage), Circle Time by Jenny Mosely, Time to Talk and Jigsaw (scheme of Work) materials as the basis for our planning. Every half term a new theme is introduced which is related to the topic.

In KS1 we also use Jigsaw (Scheme of Work) materials as the basis for our planning. Circle Time activities also support the teaching and learning taking place.

At our school we teach PSHE to all children, whatever their ability. It forms part of the school policy to provide a broad and balanced education to all children. Through our PSHE teaching we provide learning opportunities that enable all pupils to make progress, according to each child's needs. We enable pupils to have access to the full range of activities involved in learning PSHE. If activities are outside the classroom, for example, visiting our local church, risk assessments are completed prior to the activity to ensure it is safe and appropriate for all pupils.

As part of PSHE we teach children about drugs. The term 'drug' is used to cover medicinal drugs, household products, tobacco and alcohol. In Science lessons children are taught what a drug is and how they can be used in medicine. They are encouraged to think about ways substances can be kept safe and how they can respect their own bodies and to make sensible, informed decisions about their well-being.

### Assessment and recording

Teachers informally assess the children's work in PSHE as they observe the children learning. We have clear expectations of what the pupils will know, understand and be able to do at the end of each stage.

2 Simple is used as an assessment tool in EYs and we have individual assessment sheets in KS1. Progress in PSHE is reported back to parents.

### Monitoring and review

The Head teacher is responsible for monitoring the standards of children's work and the quality of teaching. The subject leader supports colleagues by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school. Reviewed November 2018 Review and update in November 2019

Agreed by Governors