



Savile Town Infant and Nursery School Physical Education and Physical Activity Policy 2022

Our School Vision

At our school we celebrate our faith diversity and provide a safe environment where our children are happy to learn. We are kind, caring and respectful to others. We aim to inspire future generations of our school and community to become lifelong learners.

Rationale

Our aim for all children at Savile Town Infant and Nursery School is to experience high quality Physical Education, school sport and physical activity that will lead to lifelong participation in sport as part of a healthy lifestyle. By taking part in PE and school sport, we aim for our children to develop an enthusiasm for being active and healthy.

Intent	Implementation	Impact
<ul style="list-style-type: none"> - To develop the whole child and to ensure every child feels included, respected, challenged and supported and confident in their own skills and abilities - To teach, build and develop the fundamental skills required in PE - To have an enabling environment, which promotes independent and collaborative learning - To have a varied curriculum - To ensure there is inclusion by using differentiation - Opportunities given to all children to practice skills learnt - For all children to understand the importance of an active, healthy lifestyle 	<ul style="list-style-type: none"> - Children from Reception up to Year 2 will be following REAL PE and REAL Gym to introduce and develop fundamental movement skills - To work with Huddersfield Giants to support staff with the teaching of multi skills and give the children new sporting experiences - To use active lessons and brain breaks on a daily basis to encourage physical activity - Children to take part in Sport themed days with local schools and within school to inspire and motivate them 	<ul style="list-style-type: none"> - Children will have a love of physical activity and understand the importance of it - Adults will be confident teaching PE - Children will be taking part in physical activity daily and have the opportunity to take part in a variety of clubs and sporting events, e.g. Sports Day - Children's progress will be tracked and clear progress will be made

PE Curriculum

The National Curriculum 2014 for physical education aims to ensure all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives.

We aim to provide a well- balanced curriculum which covers statutory requirements and also shows progression across Key Stage 1.

In Nursery, children are encouraged to take part in physical activity as part of the continuous provision, and this is provided inside and outside using a range of equipment which are both age appropriate and challenging to their developmental stage, this will help them to gain confidence whilst using different equipment. Physical activity refers to all bodily movement that uses energy. In Nursery and Reception, the children will develop their gross motor skills under the 'Physical' area of Birth to 5 Matters.

In Reception and KS1, the children will take part in REAL Gym, REAL PE and REAL Dance throughout the year having two one-hour sessions a week. Teachers will use the Jasmine Active platform to access planning, resources and assessment tools.

In KS1 pupils should be taught to develop and master basic movements such as running, jumping, throwing, catching as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. The curriculum content also includes ball skills and team games, gymnastic and dance activities.

REAL PE

Year Group	Fundamental Movement Skills Progression					
Reception	Co-ordination 10 Static Balance 1 Personal	Jumping and landing: 6 Seated balance: 2 Social	Dynamic balance 5 Static balance 4 Cognitive	Ball skills 9 Counter balance 7 creative	Sending and receiving 8 Agility 12 Physical	Ball chasing 11 Floor work 3 Health and fitness
Year 1	Co-ordination 10 Static Balance 1 Personal	Counterbalance in pairs 7 Co-ordination 9 Creative	Dynamic balance 5 Static balance 4 Cognitive	Dynamic balance 6 Static balance 2 Social	Co-ordination with equipment 8 Agility 12 Physical	Agility 11 Static balance 3 Health & Fitness
Year 2	Co-ordination 10 Static Balance 1 Personal	Jumping and landing: 6 Seated balance: 2 Social	Dynamic balance 5 Static balance 4 Cognitive	Ball skills 9 Counter balance 7 Creative	Sending and receiving 8 Agility 12 Physical	Ball chasing 11 Floor work 3 Health and fitness

REAL Gym

Reception	Unit 1	Unit 2
	Shape and Travel	Flight and Rotation

Year 1	Unit 1	Unit 2
	Shape and Travel	Flight and Rotation
Year 2	Unit 1	Unit 2
	Balance and Travel	Flight and Rotation

REAL Dance

Year Group	Dance Skills					
Reception	Shapes solo	Partnering shapes	Artistry musicality	Circles solo	Partnering solo	Artistry (making)
Year 1	Shapes solo	Partnering shapes	Artistry musicality	Circles solo	Partnering solo	Artistry (making)
Year 2	Shapes solo	Partnering shapes	Artistry musicality	Circles solo	Partnering solo	Artistry (making)

Assessment - Assessment is carried out and recorded using the assessment framework based on REAL PE and REAL Gym and REAL Dance Assessments. Assessment in Nursery is carried out through observations and recorded on EvidenceMe.

Sport - Use of coaches

Coaches will be used in and around curriculum time to introduce the children to new skills and sports. The sessions run by the coaches will be chosen by the school so that the sessions are suited to fit the needs, ability and identity of the children at our school.

Term	Dinner time focus	Extra-Curricular Club
Autumn	Multi-skills	Team building games
Spring	Multi-skills, co-ordination and team building	Rugby Fun and Games
Summer	Rugby	Rugby Fun and Games

Term	Focus	Year Group
Autumn 1	Rugby	Year 1 and Year 2
Spring 1	Multi-skills/ co-ordination	Reception and Year 1
Summer 1	Rugby	Reception and Year 2

Physical Activity

The children will be encouraged to take part in physical activity as part of their daily routine. The children will understand that it is important to lead a healthy and physically active lifestyle and will be encouraged to join in with a range of activities, such as: 'Go Noodle', active lessons and active break times in the ball court. They will also have the chance to take part in whole school events such as Sports Day, Sport Relief, National Fitness Day and KS1 Walking to School (WOW).

Inclusion/ Equal Opportunities

Teachers of PE should teach knowledge, skills and understanding in ways that suit their pupils' abilities. (Teachers may need to choose areas of study from earlier or later years). There should be some flexibility within the scheme to cater for children below age related expectations. By responding to pupils' diverse learning needs the PE curriculum planning sets high expectations and provides opportunities for all pupils to achieve.

School Sport Partnership and School Links

Savile Town Infant and Nursery School is part of the North Kirklees School Sports Partnership. Through the Sport Premium funding we were able to buy into the partnership which allows access to curricular support, competitive opportunities for our pupils and staff training. We also have links with the local Infant and Junior Schools and take part in events with these each year.

Clothing

It is important all children wear the appropriate clothing and footwear in PE lessons to minimise the risk of injury and ensure the children's safety. All jewellery should be removed and children who have earrings must have them covered, if they can't be removed.

- Shorts/jogging bottoms / leggings
- White T Shirt
- Trainers for outdoor PE

Health and Safety

The publication of 'Safe Practice; in Physical Education, School Sport and Physical Activity' is available to all staff and located in the staffroom.

Extra-Curricular Activities

We aim to provide opportunities for children to take part in sports outside of school hours. These include lunchtime games and a range of after school clubs, delivered by experienced staff from in school and coaches employed using the School Sports Premium. These activities will allow the children to all take part in a variety of sporting activities.

To be reviewed: June 2024