



Intent

- Our children will develop the fundamental skills of PE through an exciting and varied curriculum.
- They will understand the importance of an active, healthy lifestyle.
- Our PE lessons will develop the whole child and provide cross-curricular links.
- In all year groups, PE will be taught in an enabling environment, which promotes both independent and collaborative learning and makes PE inclusive to all.

Implementation

- Children take part in REAL PE, REAL Gym and REAL Dance, throughout the year. (R-Y2)
- Children take part in multi-skills sessions, delivered by Kai-zen Sports coaches. (R-Y2)
- Children take part in the Balance Bike Program. (R-Y2)
- Children with SEND take part in an SEND Support Day.
- Extra curricular sporting clubs are offered to children in KS1.
- Sport-themed days are celebrated throughout the year. Some of these include trips/ off-site activities.
- Active lessons and brain breaks (e.g. Yoga Bugs & Go Noodle) are used in classes on a daily basis.
- Children in Nursery are strongly encouraged to take part in physical activity as part of their daily routine.

Impact

- Children will develop a love of physical activity and understand the importance of it in their own lives.
- Staff will confidently support and extend the children’s learning in PE lessons.
- Children will take part in physical activity on a daily basis, both indoors and outdoors.

In PE lessons, you will see:

- Children who are happy and engaged in their learning
- All pupils, and especially those with SEND, being well supported by staff
- Teachers and support staff being actively involved in lessons and being positive role models for our children

Our priorities to improve PE are:

- To ensure that all staff are confident in delivering all elements of the REAL scheme (following the change in staff).
- To re-establish intra-school sporting activities.
- To continue building cross-curricular links into PE lessons.
- To incorporate parental engagement opportunities into our PE provision, to promote the ‘healthy lifestyle’ message in the community.



To excite and engage our children in PE, we:

- Use the REAL schemes as a framework, within which we encourage the children to be creative and incorporate their own ideas.
- Use a variety of PE equipment, including that which we loan from outside agencies such as balance bikes and dance mats.
- Incorporate trips and visits—e.g. to the local park and The Zone.
- Recognise and celebrate children’s achievements in PE.

Here is what the pupils say about PE:

- They enjoy PE and can talk about what they are learning, like “new games” and “how to dance properly”.
- If they are faced with a challenge in PE, they know that they can find help “from a teacher or a friend”.
- They feel that PE could be made even better by learning “more fun games”.

- Planning will follow the Real PE/Gym/Dance framework, but children will be encouraged to be creative and explore their own ideas within this.
- Children from Reception to Year 2 will work with expert coaches throughout the year.
- Children with SEND will be fully included in PE lessons, as well as receiving expert coaching on the SEND Support Day.
- Active lessons/ brain breaks will be used daily in all classes to boost concentration.

